



MARCH 2010 MENU

Owosso Church of the Nazarene
 1865 S. M-52, P.O.Box 1020, Owosso, MI 48867
 Church Website: www.OwossoNazarene.org
 989-723-2229 or 989-743-5110

Order in person @ Owosso Church of Nazarene:

Sun. Feb. 28 9:00 – 9:30 am; Noon – 12:30
 Sat. March 6 10:00 - Noon
 Sun. March 7 9:00 – 9:30 am; Noon – 12:30
 Sat. March 13 10:00 – Noon
 Sun. March 14 9:00 – 9:30 am; Noon – 12:30

Signature Box

Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.

- 2 lbs. Chopped Beef Steaks flavored with Dijon Mustard (4 x 8 oz.)
- 1 lb. Bacon Wrapped Turkey Breast Filet Mignon (4 X 4 oz.)
- 1 lb. Boneless Center Cut Pork Chops (4 x 4 oz.)
- 2 lb. Macaroni & Beef Dinner Entrée
- 2.5 lb. IQF Split Chicken Breasts (Re-sealable Bag)
- 1 lb. Lean Ground Beef
- 1 12" Supreme Pizza
- 1 lb. Frozen Peas & Carrots
- 1 lb. Frozen Whole Kernel Corn
- 2 lb. Fresh Apples
- 2 lb. Heat and Serve Broccoli & Cheese Soup
- 24 oz. Natural Cut French Fries (Skin-on)
- 6.5 oz. Stroganoff Skillet Meal
- 1 lb. Rice
- Dozen Eggs
- Dessert

\$30.00

Senior & Convenience Meals

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

Breaded Baked Fish over wild rice with green beans, corn and peas

Chicken Chow Mein over lo mein noodles, mixed vegetables and sauce, sugar snap peas and cauliflower

Swedish Meatballs over pasta in sauce, broccoli, carrot blend

Fettuccini Alfredo with carrots and broccoli, zucchini and Brussels sprouts

Meatloaf Patty with mashed potatoes and gravy, peas and carrots and cauliflower

Turkey and Dressing with gravy, green bean blend and corn

Chicken and Noodles with carrots and peas, corn and Brussels sprouts

Pot Roast with mashed potatoes, corn and green beans

Country Herb Chicken with mashed potatoes and sauce, broccoli and green bean blend

Chicken Broccoli Alfredo with carrots and zucchini blend

Desserts: Assorted Cookies, Mixed Fruit Cup, Applesauce, Grape Juice, Apple Juice

\$28.00

5 lb. Allergen-Free Food Box

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley).

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded Formed Tenders
- 2 lbs. Breaded Chicken Drumsticks
- 1 lb. Breaded Cube Steak

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.

\$23.00

6 lb. Premium Seafood Variety Box

- 27 oz. Breaded Butterfly Shrimp (oven ready)
- 10 oz. Cod Fillets
- 17 oz. Crab Cakes (oven ready)
- 16 oz. White Fish Fillets
- 16 oz. Tilapia Fillets
- 10 oz. Breaded Clam Strips (oven ready)

\$35.00

After School Box

- 14 oz. Bread Sticks Stuffed with Mozzarella in Resealable Bag (9 x 1.61 oz.)
- 1.5 lb. Fully Cooked Chicken Rings in Resealable Bag (Approx. 8 servings)
- 1.5 lb. Fully Cooked Chicken & Cheese Nuggets in Resealable Bag (Approximately 8 servings)
- 1.5 lb. Fully Cooked Mini Corn Dogs (36 count)

\$21.00

CUSTOMER RECEIPT: March 2010

NAME _____

_____ Regular Signature Box (\$30.00)

_____ Convenience Meals Box (\$28.00)

_____ Allergen-Free Box (\$23.00)

_____ Seafood Variety Pack (\$35.00)

_____ After School Box (\$21.00)

_____ Special #1 (\$23.00)

_____ Special #2 (\$22.00)

_____ Special #3 (\$20.00)

_____ Special #4 (\$35.00)

_____ Special #5 (\$22.00)

\$ _____ PLUS \$ _____
TOTAL COST DONATIONS

Order # _____ Angel Food Rep _____

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality.

We Accept Food Stamps (EBT).

Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

Payment in Cash, Money Order,
 Food Stamps – No Checks Please

**SPECIALS CAN NOW BE ORDERED
 WITHOUT ORDERING
 A BASIC BOX!!!!**

Orders Due: **March 14, 2010**

Distribution Day: **March 27, 2010**

* Visit our website to locate a host site near you

www.angelfoodministries.com

Church Website:

www.OwossoNazarene.org

MARCH SPECIAL #1

6 lb. Assorted Meat Grill Box **\$23.00**

- 1.5 lb. Ribeye Steaks (2 x 12 oz.)
- 1 lb. Chopped Beef Steak Flavored with Real Mozzarella Cheese (2 x 8 oz.)
- 1 lb. Chopped Beef Steak Flavored with Real Mild Cheddar Cheese (2 x 8 oz.)
- 1.5 lb. Italian Sausage with Cheese
- 1 lb. Bacon Wrapped Turkey Breast Filet Mignon (4 x 4 oz.)

MARCH SPECIAL #2

4.5 lb. Assorted Meat & Chicken Combo **\$22.00**

- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bacon Wrapped Filet (4 x 6 oz.)
- 1.5 lb. Bacon Wrapped Chicken Breast (4 x 6 oz.)

MARCH SPECIAL #3

10 lb. Boneless/Skinless Chicken Breast Box **\$20.00**

MARCH SPECIAL #4

4 x 4 Family Meal Kits **\$35.00**

4 meal kits with all you need to feed a family of 4. 16 meals at 2.20 per meal.

Turkey Kit - 1.5 lb. Boneless Turkey Breast, 1.5 lb. Potato Medley (Potatoes, Carrots, Onions and Celery), 1 lb. Green Beans

Split Whole Chicken Kit - 3 lb. (avg) Whole Split Chicken (2 individually wrapped halves), 1.5 lb. Potato Medley, 1 lb. Green Beans

Beef Tips & Gravy Kit - 1.5 lb. Choice Beef Tips in Gravy, 1.5 lb. Rice Medley (Rice with Red & Green Peppers)

Pork Roast Kit - 1.5 lb Boneless Pork Roast, 1.5 lb Potato Medley, 1 lb corn

MARCH SPECIAL #5

Premium Fresh Fruit and Veggie Box **\$22.00**

- 1 Large Golden Ripe Pineapple
- 1 Large Vine Ripened Cantaloupe
- 1 lb. New Crop Chilean White Seedless Grapes
- 1 Large Tree-Ripened Mango
- 1 Large Haas Avocado
- 1 head Leafy Green Cabbage
- 3 lb. bag Sweet Potatoes (baking size)
- 2 lb. bag New Crop Yellow Onions
- 3 lb. bag Idaho Baking Potatoes
- 1 lb. Fresh California Carrots
- 3 Variety Colored Bell Peppers
- 2 ct. Jumbo Garlic

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**"A Food Ministry with
 A Servant's Heart"**

MARCH 2010 ORDER FORM

NAME: _____

Address: _____

City: _____ Zip _____

Phone # _____

Email: _____

I am purchasing Angel Food with: (CIRCLE ONE)

Cash Money Order Food Stamps
Credit Card Debit Card

**(Food Stamp orders must be placed in person
 at designated times on Menu page)**

SORRY! No Personal Checks Accepted

I attend (CHECK ONE):

- _____ Owosso Nazarene
- _____ Other Church
- _____ Don't Attend

Would you like to receive Owosso Nazarene newsletters by email?

_____ YES _____ NO

ITEM	QTY	@	PRICE	=	SUBTOTAL
Signature Box		@	\$30.00	=	\$.00
Convenience Meals Box		@	\$28.00	=	\$.00
Allergen-Free Basic Box		@	\$23.00	=	\$.00
Seafood Box		@	\$35.00	=	\$.00
After School Box		@	\$21.00	=	\$.00
Specials					
Sp. #1 Assorted Meat Grill Box		@	\$23.00	=	\$.00
Sp. #2 Assorted Meat/Chicken Combo		@	\$22.00	=	\$.00
Sp. #3 Chicken Breast Box		@	\$20.00	=	\$.00
Sp. #4 Family Meal Kits		@	\$35.00	=	\$.00
Sp. #5 Fruit and Veggie Box		@	\$22.00	=	\$.00
<i>DONATIONS</i>					\$.00
GRAND TOTAL					\$.00

Angel Food Rep.	
Initials HERE	

OFFICE USE ONLY:

Order # _____